

# MITZVAH REVIEW

Constant  
Mitzvah

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מצוה  
תמידית

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## אֱמוּנָה בַּה' — FAITH IN HASHEM

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In this mitzvah, we learned to differentiate between *belief* and *knowledge* of Hashem's existence, and to appreciate how that difference will manifest itself in our daily lives: when we *know* that Hashem exists, we will never act in a way that contradicts that knowledge.

In addition, we have learned that part of *Emunah* is to realize that Hashem created this world for a purpose — to enable us to enjoy the reward of basking in the Glory of His Divine Presence in a world that has attained perfection. We know that we can take an active role in perfecting the world, and that our reward will be commensurate with the efforts that we expend toward that end.

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### Practical Applications of Emunah

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#### (1) Talk About Emunah

By talking about *Emunah*, we reinforce our knowledge of Hashem's existence.

#### (2) Sacrifice for Emunah

When we force ourselves to act in a certain manner because we realize that Hashem is watching us, our knowledge of His Omnipresence becomes stronger.

### **(3) Use Wisdom To Build Emunah**

We can find proof of God's existence in nature, in the Torah, in history, and in logic. The more we study these proofs, the more we will build our *Emunah*.

### **(4) Shivisi Hashem Lenegdi Samid**

When we are cognizant of Hashem's constant presence in our lives, we make decisions based on how they will affect our relationship with Him. Among other benefits, this will teach us to shun attention and not seek human recognition for our spiritual accomplishments.

### **(5) Talk to Hashem**

Aside from the scheduled prayers, we should *talk* to Hashem on a regular basis, requesting His assistance in every pursuit — from the most spiritual to the most mundane.

### **(6) Bitachon**

We can display and build *Emunah* by determining how much *hishtadlus* (effort) we must really undertake in our individual circumstances and levels of *Emunah*, and relying on Hashem for the rest.